

ARTS AT HOME

# make relationship sturdy

ments that build relationships.

That is why small moments — the bits and pieces of our days together — matter, why it is wise to take care with them. They may not seem significant in and of themselves. We may be tempted to let them go, the way small pieces of grass or leaves fly away in the breeze.

But when we gather them up and shape them with love, we build a healthy relationship with our spouse.

Here are some ways to make small moments matter:

- ▶ When he leaves for work, be sure to say good-bye. Wish him a good day.
- ▶ When he comes home from work, let him know you are glad to see him before you ask for help of any kind.

▶ Speak courteously. When you snap at each other, apologize as soon as possible.

▶ Allow each other some privacy.

▶ If you do "his" chores, do them the way he prefers. If you do "her" chores, honor her preferences.

▶ If he is trying to tell you something, listen attentively.

▶ Don't interrupt when she is relaxing.

▶ Pick up after yourself.

▶ Be sure to share a smile with each other as often as possible.

▶ If you are home with the kids all day and he isn't, don't just dump the day's difficulties on him. Store up all the cute stories and anecdotes, too, and share them with him.

▶ Let her handle the remote.

▶ Turn down the bed for him.  
▶ Help her pick up the living room before bed.

▶ Offer kindness and encouragement when he tries something new, or when he fails at something.

▶ Let your children know you think well of him by the way you speak of him.

▶ Make time for pleasant, relaxed conversation with each other.

▶ Laugh together often.  
Don't let small moments drift away without notice. Gather them together, and weave them into each day with care and love.

*Hearts at Home is a non-profit organization designed to meet the needs of mothers at home. Hearts at Home, 900 W. College Ave., Normal, IL 61761; 309-888-MOMS; www.hearts-at-home.org*

## Religion calendar

**Sunday** — Cowboy Church service at 6 p.m. at First Christian Church, Farmer City, with guest, the Elders of Bloomington.

**Wednesday** — Theology on Tap, Monsignor Mark Williams to speak on "Living Lent," 8 p.m. at Ju Ju's Sports Bar & Grill, Bloomington. Call the St. Robert Bellarmine Newman Center at (309) 452-5046.

**Friday** — Church Women United World Day of Prayer at 6:30 a.m. at St. Luke Union Church, Bloomington. Breakfast, \$2. Call Dottie Metcalf, (309) 662-3734, by Monday for reservations.

**Friday** — Ladies Night Out at 7 p.m. at the First United Presbyterian Church, 101 E. Pine St., LeRoy. Pastor Becky Kincaid will present a drama. Free and no reservations necessary.

**March 6-8** — Missions Conference at Gibson City Bible Church, begins at 5 p.m. Saturday with pizza dinner, followed by 6:45 p.m. service; Sunday morning service at 10:20 a.m.; and evening services Sunday and Monday at 6:45 p.m. Call church at (217) 784-5702.

## Religion Briefing

### NCHS grad ordained

**NORMAL** — Kevin Bryant, a 2003 graduate of Normal Community High School, was ordained into the ministry as a priest in the Community of Christ, in an ordination service Jan. 18 in Warrensburg, Mo.

Bryant is a student attending Central Missouri State University in Warrensburg. He is active in the Liahona Student Fellowship Center in Warrensburg, and now serves as a minister in the Warrensburg congregation.

The community of Christ is headquartered in Independence, Mo., and has over 250,000 members.

### Mitzvah Day project

**BLOOMINGTON** — Members of Moses Montefiore congregation will help on various service projects Sunday in observance of Mitzvah Day.

Mitzvah Day chairwoman Myra Gordon said the activities are a striving toward

Tikun Olam, which is Hebrew for "repair of the world."

"Jews believe that, while none of us can achieve Tikun Olam individually, if each of us does our part to repair the world, together we can make a meaningful difference," she said.

Some of the projects are:

- ▶ Reorganizing the food pantry at Western Avenue Community Center.
- ▶ Warehouse work at Recycling for Families.
- ▶ Baking desserts for the Safe Harbor Shelter.
- ▶ Assembling books for the Star Literacy program.
- ▶ Collecting baby items for Neville House.

**Bloomington Bible Church**

Dennis Powers, Pastor  
Nathan Best, Youth Pastor

**Sunday Services**

9:30 am	Sunday School
10:30 am	Morning Worship
6:30 pm	Evening Service

**Wednesday 6:30 p.m.**


Prayer Meeting  
Youth Group  
Pioneer Club

364812

**1008 E. Emerson St. Ph. 829-4565**

**LUTHERAN**

E.L.C.A.



**OUR SAVIOUR**

1510 N. Main St., Normal  
Jeffrey R. Henricks, Pastor

**FIRST CHURCH OF CHRIST, SCIENTIST**

108 N. Regency Drive, Bloomington

Sunday Service.....	10:30 A.M.
Sunday School.....	10:30 A.M.
Wednesday Testimonies....	7:30 P.M.

BIBLE LESSON SUBJECT:

**Christ Jesus**



**UNIVERSITY CHRISTIAN CHURCH**  
(Disciples of Christ)

Rev. Arthur F. Headley, Pastor

Sunday School ..... 9:00 a.m.